

Botany Bites School Lunch Menu - 2022

EXTRA OPTIONS AVAILABLE ON FLEXISCHOOLS

Hot Food

Pasta Bolognaise	Add: Cheese \$0.70 / Olives \$1	\$7.20
Plain Pasta (Butter)	Add: Cheese \$0.70 / Olives \$1 / Nap Sauce \$2.10	\$4.90
Vegetarian Tortellini - with Napolitana Sauce	Add: Cheese \$0.70 / Olives \$1	\$7.20
Macaroni & Cheese		\$6.00
Butter Chicken & Rice	– Creamy mild Butter Chicken & Rice	\$7.20
6 Chicken Nuggets	Add: Sauce \$0.30	\$5.10
8 Chicken Nuggets	Add: Sauce \$0.30	\$6.80
12 Chicken Nuggets	Add: Sauce \$0.30	\$10.20
Garlic Bread		\$3.20
Corn Cobb (GF)		\$3.00

Burgers

Hamburger - Meat patty, Lettuce, Tomato, Sauce)		\$6.90
Schnitzel Burger - Homemade Chicken Schnitzel, Lettuce & Sauce		\$6.90
Grilled Chicken Burger -fresh grilled chicken, Lettuce & sauce	(GF available)	\$6.90
Vegie Burger - Homemade vegie patty, Lettuce, sauce		\$6.90
Bacon & Egg Roll – with sauce	(GF available)	\$5.40
Bacon Roll – with Sauce	(GF available)	\$5.00
Hot Dog - with Sauce		\$5.00
Add: Cheese \$0.70 / Tomato \$0.60 / Egg \$0.80 / Pineapple \$0.70 / Bacon \$1 / Avocado \$1.00 / Gluten Free Toasted \$1.20 / Caramelised onion = \$1		

Gourmet Wraps

Sweet Chilli Chicken Wrap - Homemade Tenders, Cheese, baby spinach, sweet chilli sauce	\$7.30
Falafel Wrap - Homemade Falafel, hummus, lettuce, cucumber, tomato, tzatziki	\$7.30
Chicken & Salad Wrap - Lettuce, Tomato, Cucumber & carrot	\$7.30
Ham & Salad Wrap - Lettuce, Tomato, Cucumber & carrot	\$7.30
Chicken Schnitzel Wrap - Homemade Schnitzel, Lettuce, tomato & mayo	\$7.30

Sandwiches (Gluten Free Bread available)

Cheese	\$4.30
Crumbed Chicken, Lettuce, Mayonnaise	\$5.80
Mashed Egg or Sliced Egg	\$4.50
Ham	\$4.80
Ham & Cheese	\$5.20
Hummus	\$4.10
Honey / Jam / Vegemite	\$3.70
Salad	\$5.00
Tuna & Mayonnaise	\$5.60
Poached Chicken	\$5.50
Roast Turkey	\$5.80
Bossy Squashy (Ham and Cheese toasted on a roll)	\$5.20
Cheesy Squashy (Cheese toasted on a roll)	\$4.70
Roll or Wrap - Add \$0.50 / Gluten Free Toasted \$1.20	
Add: Lettuce \$0.50 / Cheese \$0.70 / Tomato \$0.60 / Cucumber \$0.60 / Carrot \$0.60 / Avocado \$1.00	

Salads

Create Your Own - Lettuce and your choice of salad options	\$4.00
Caesar Salad - Lettuce, crispy Bacon, parmesan, egg, croutons	\$7.20
Greek Salad - Lettuce, Tomato, cucumber, olives & feta (GF)	\$7.20
Tuna Salad - Lettuce, Tuna, olives, cucumber, carrot (GF)	\$7.20
Green Salad (Small - recommended as a side serve) - (GF) Lettuce, tomato, cucumber, carrot	\$4.50

Add: Tomato / Cucumber / Carrot / Croutons - \$0.60

Fresh Sesame Roll / Boiled egg / Feta / Parmesan / Crispy Bacon / Olives - \$1

Avocado/ Ham - \$1.50

Poached chicken / crumbed chicken / tuna / turkey / Roast vegetables - \$2.50

Sushi (Must be ordered by midnight – day before delivery)

Large Sushi Roll – Choice of the following: \$4.50

Chicken Teriyaki & Avocado, Chicken Teriyaki & Cucumber, Chicken Teriyaki, Tuna & Avocado, Tuna & Cucumber, Tuna

Mini Sushi Box – 12 pieced Mini Sushi. Choice of the following: \$5.90

Cucumber, Avocado, Tuna, Mixed

Edamame Box \$3.20

Snacks

Gingerbread Man \$3.00

Popcorn (GF) \$3.00

Banana Bread \$3.00

Yoghurt & Berries (GF) \$4.20

Fresh Fruit Salad (GF) \$4.20

Watermelon Cup (GF) \$3.90

Jelly (GF) \$3.00

Baby Button Cookie \$3.00

Homemade Chocolate Brownie \$3.00

Hummus & Vege Sticks \$3.70

Vege Sticks \$3.00

Custard Cup (GF) \$3.20

Custard Cup with Milo (GF) \$3.70

Custard Cup with Mixed Berries (GF) \$3.70

Drinks

Spring Water \$2.50

Flavoured Milk (Chocolate or Strawberry) \$3.00

Juice (Apple, Orange, Apple Blackcurrant) \$2.70

Up & Go (Chocolate, Strawberry, Banana) \$3.00